**Flying Fox: Wet weather activities**

**Location:** Indoor Gymnasium

**Duration:** 1 hour

**Group size:** 9-10 people

**Warm up:**

(5-10 minutes)

GO, STOP, UP DOWN

Teacher calls out either go, stop, up or down. But students need to listen carefully to what these words mean and what they have to do!

* On GO - children must stop still.
* On STOP - children must move around the space either walking or running.
* On UP - children must sit or lay down.
* On DOWN - children must stretch up to the ceiling.

**Activity one:**

(20 minutes)

Rock, paper Scissors

* Group is split into 2 equal teams
* As a whole, each team decides whether to play, paper, rock or scissors.
* Both group face off in the middle of the gymnasium
* On the count of three the group plays their rock, paper or scissors
* (Paper beats rock, rock beats scissors, and scissors beat paper)
* The group that wins the battle, chases the other team to the end of the gymnasium tagging as many people as they can
* Those who are caught must join the other team.
* Game continues until all players from one team are caught

**Activity 2:**

(20 minutes)

Witches, Goblins and Monsters

* **Rule of the game: Witches chase Goblins, Goblins chase Gnomes, and Gnomes chase Witches.**
* Split the class into two even groups
* Each group huddles in a corner and decides whether they want to be a Witch, Goblin, or Gnome.
* When both groups have secretly decided, they stand in the middle of the gym facing each other.
* On the count of three one person from each group yells out what they are (Witches, Goblins, or Gnomes).
* One group is chasing the other group or running from the other group depending on what they decided they were going to be.
* (If group one chose Witches, and group two chose Gnomes....then group one runs to their safe home base because Gnomes chase Witches.)
* Who ever is tagged joins the other team for the next round.

**Cool down:**

(5-10 minutes)

Tiring morning

* Get the children to lay down for 20 seconds, then ask them to wake up and get out of bed (get up slowly) and march slowly downstairs.
* Then they walk around the room as if they were going to the doctors.
* After a little while they are at the doctors for a check up. The children sit down and put their hands on their heads for 10 seconds and then feel their heart.